

**PRYOR CREEK RECREATION CENTER BOARD
REGULAR MEETING
MONDAY, JULY 12TH, 2021, AT 5:30 P.M.
Page 1 of 1**

Board members: Houston Brittain, Jeremy Cantrell, Cathy Gray, Rebecca Kemp, Steve Riff, Dick Holmes, Marty Marsh

1. Call to order.

The meeting was called to order by Brittain at 5:30 P.M. Board members present: Brittain, Cantrell, Gray, Riff, Kemp and Holmes. Members absent: Marsh.

2. Approve minutes of the June 14th, 2021, special meeting.

Motion made by Kemp, to approve the minutes of the June 14th, 2021, special meeting, second by Cantrell, motion passed unanimously.

3. Petitions from the audience. (Limited to 5 minutes, with advance reservation).

No petitions were presented.

4. Discuss, possible recommend council action regarding hiring Rick Raffe for the Custodian/Maintenance position at Range A, Step 1 (annual wage \$27,395.00).

Motion made by Holms, to recommend the hiring of Rick Raffe for the custodian/maintenance position, second by Riff, motion passed unanimously.

5. Director's Report.

a. Facility repair and Maintenance

Received drawing of the awning, needs revisions
Other handicap handrail should be in this week
Quotes will be going up on the wall in front of the treadmills

b. Finance Report

The mayor was absent today, so no official finance report
256 new members in June
Water aerobics numbers are increasing
Pool continues to be a good source of revenue

c. Aquatics Report

In June had 10 public and 2 private pool parties
91 swim lessons, 62 currently taking lessons, wait list is increasing
Hired 2 new guards that will be able to assist with swim lesson to decrease the waiting list
Cross fit would like to use the pool 1 x per month
PCRC is have conversations with the park board regarding the concerns of the public with the outdoor pool not opening up.

d. Personnel Report

Will be hiring Rick Raffe as custodian
Darren Kingfisher, the intern from Cherokee Nation won Cherokee Outstanding Intern

e. Misc.

Still working to find sponsors for the fitness court
HOPE with be doing a one day Fit Business challenge at the PCRC
Free Key Fobs in July
Roof: received an assessment from another company, they will be submitting a plan and the cost of repairing the entire roof and the cost of doing it in phases.

6. Unforeseeable Business.

No unforeseeable business

7. Adjourn.

Motion made by Holmes second by Houston. Motion passed unanimously. meeting adjourned at 5:50 PM.

Carl Ables, Sr.

Randy Vogel



Carl Ables, Jr.

Randy Koppenhaver

ARCHITECTURAL FLOORING, L.L.C.

P.O. Box 846 / 31 S. Adair

Pryor, Oklahoma 74362

Phone: (918) 824-8544

Cell: (918) 637-8180

August 17, 2021

To: Pryor Creek Recreation Center

Attn: Jessica Long

Ref: Boys & Girls Club

We propose to provide labor and material for the following items of work:

1. L.V.T.
2. Rubber Base

Total \$21,487.00

Carl Ables



Epoxy Floor Coating

Pryor Creek Rec Center
1111 Southeast 9th Street
Pryor, OK 74361

☎ (918) 864-1365
✉ longj@pryorcreek.org

ESTIMATE	#3559
TOTAL	\$28,462.50

CONTACT US
25225 Creek Bank Trail
Claremore, OK 74019

☎ (918) 850-0044
✉ epoxyfloorcoatingsystems@gmail.com

ESTIMATE

Services	amount
Coating Removal - Old Glue This is removing the old coating that's down now.	\$4,743.75
- STANDARD - (5-Layer Full Chip System) Price includes; Materials & Labor, 1 year installation Warranty, Surface Repair & Prep, MVE Barrier + Primer Coat, Pigmented Base Coat, 1/4" Color Flake Layer, Topcoat Polyurea.	\$23,718.75
Subtotal	\$28,462.50
Total	\$28,462.50

Thank you for choosing Epoxy Floor Coating Systems, we know you'll love your new garage floor. Just so you know you can expect 5-7 days for the install of our Epoxy Systems



C & B CARPETS & SERVICES, INC.
 5914 S. 118TH E. AVE.
 TULSA, OK 74146
 Telephone: 918-250-3000 Fax: 918-254-2970

ES901695

QUOTE

Sold To COD CUSTOMER, TAX EXEMPT TULSA PAYMENT DUE UPON DELIVERY	Ship To BOYS & GIRLS CLUB, TAX EXEMPT 1111 S E 9TH STREET PRYOR, OK
-------------------------------------------------------------------------------	-------------------------------------------------------------------------------------

Quote Date 09/13/19	Tele #1 918-825-9843	PO Number	Quote Number ES901695
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Inventory	Style/Item	Color/Description	Quantity Units	Price	Extension
T2025	CORNERSTONE 42.62 SF	TO BE DETERMINED	107.00 BX	98.49	10,538.43
4 GAL	COMMERCIAL MODULAR ADHESIVE 4 GAL	TO BE DETERMINED	6.00 EA	123.99	743.94
COVEBASE W/TOE 6" PWR550030	ROPPE 700 SERIES 6" COVEBASE WITH TOE	CUSTSELECT	270.00 PC	6.00	1,620.00
168VXP***	POWERHOLD 300Z COVEBASE ADHESIVE	COVEBASE ADHESIVE	22.00 PC	7.99	175.78
	UNDERSLUNG REDUCER 35" COIL 168 VCT INSTALL	CUSTSELECT	1.00 PC	45.95	45.95
	GLUEDOWN TAKE UP		4,561.00 SF	0.80	3,648.80
	COVE BASE INSTALL		62.67 SY	2.25	141.01
	FLOOR PREP		1,080.00 LF	1.50	1,620.00
	FREIGHT		1.00 EA	600.00	600.00
			1.00 EA	821.00	821.00

— 08/17/21 —

12:40PM —

Sales Representative(s):
DUSCHER

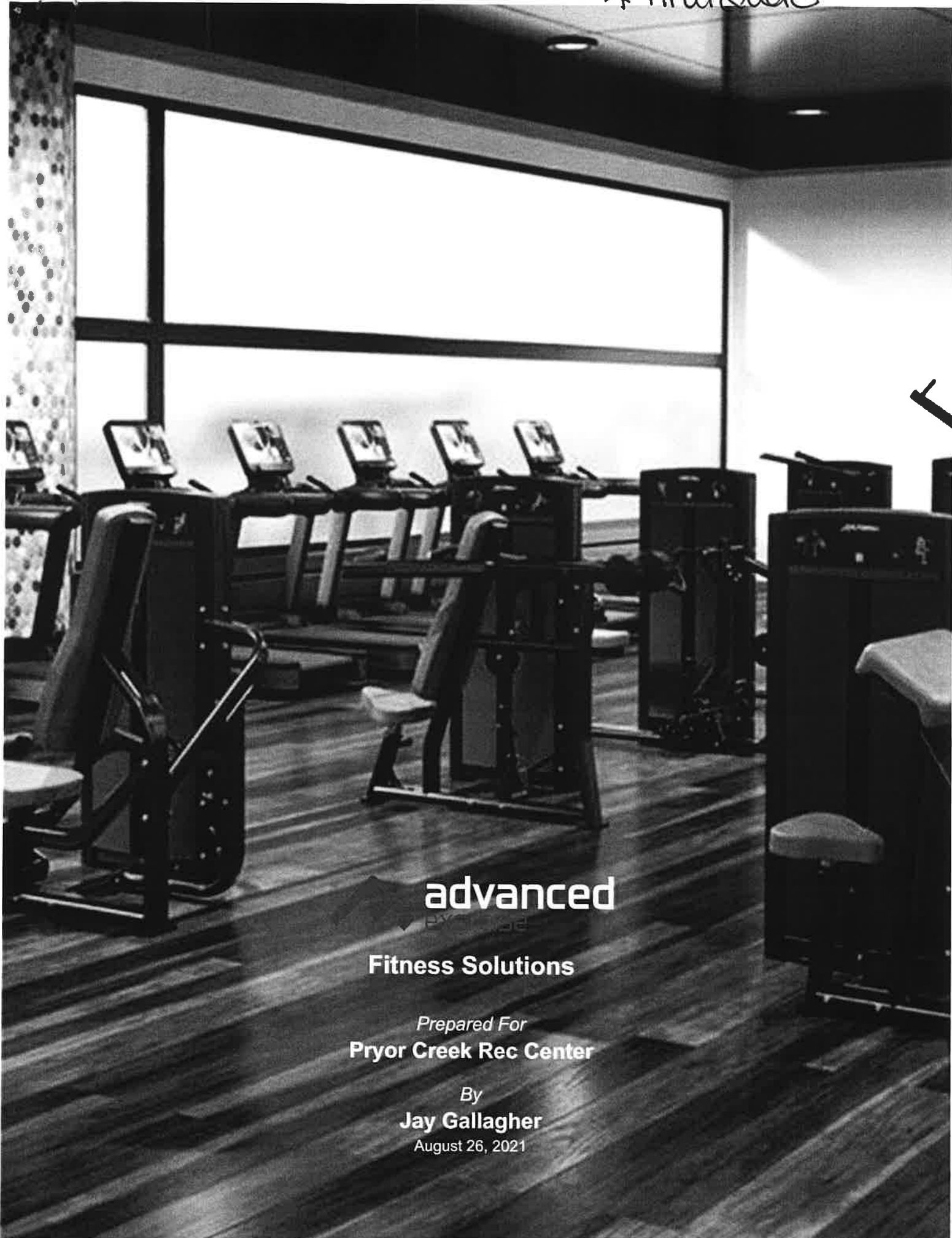
Material: 13,124.10
 Service: 6,830.81
 Misc. Charges: 0.00
 Sales Tax: 0.00
 Misc. Tax: 0.00

Customer agrees to the total quoted price has read and agrees to the Terms of Sale. C&B is authorized to provide materials and services as quoted.

X _____

QUOTE TOTAL: \$19,954.91

* Final Quote



advanced

BY DESIGN

Fitness Solutions

Prepared For
Pryor Creek Rec Center

By
Jay Gallagher

August 26, 2021



advanced exercise

advancedexercise.com | 861 SouthPark Drive #100, Littleton, CO 80120 | 800.520.1112

CONSULTANT

Jay Gallagher
jgallagher@advancedexercise.com
Phone: 405-205-3275
Fax:

Date: August 26, 2021
Quote Expires: 45 day(s)
Proposal # 057739-R1

BILL TO



Pryor Creek Rec Center
1111 SE 9th Street
Pyor, Oklahoma 74361
Jessica Long
918-825-6909
longj@pryorcreek.org

SHIP TO

Pryor Creek Rec Center
1111 SE 9th Street
Pyor, Oklahoma 74361
Jessica Long
918-825-6909
longj@pryorcreek.org







STRENGTH EQUIPMENT

Model	Brand	Description	Specifications	Unit Price	Qty	Total Ext
HDT-PR	Hammer Strength	HD Athletic Power Rack (Add 1 Front & Rear X Member) 	<ul style="list-style-type: none"> • 3 in. x 3 in. 11 Gauge Steel • Textured High Wear Paint on Uprights & X Members • Engraved Number Hole Markers • Spider Gusset for Added Rigidity • 2 Olympic Bar Holders • Chrome Plated Weight Horns • Impact Absorbing Bar Catches for Durability and Higher Weight Loads • 77 in. L X 65.5 in. W X 97.5 in. H • Machine Weight 515 lb. • Max Training Weight 675 lbs. • Made in The USA 	2,848.80	1	\$2,848.80
HDT-XM42-TYPE1-MB	Hammer Strength	HD Athletic 42 in. X Member Monkey Bar	<ul style="list-style-type: none"> • Component for HD Athletic Rack 	56.80	1	\$56.80
HDT-XM42-TYPE2-TS	Hammer Strength	HD Athletic 42 in. Xmember Thick Skinny Bar	<ul style="list-style-type: none"> • Component for HD Athletic Rack 	100.00	1	\$100.00
HDT-MAB	Hammer Strength	HD Athletic Adjustable Bench-Non Dock n Lock 	<ul style="list-style-type: none"> • HD Athletic Series Adjustable Bench • Back Pad Adjusts to -10, 0, 15, 30, 45, 60 and 75 degrees • Seat Pad Adjusts from 0-30 degrees • Wheels for easy adjustments and transport • Dimensions: 50"L x 17.75"W x 18"H • Weight: 135 lbs. • Made in the USA with American Steel 	999.60	1	\$999.60








advanced exercise

Model	Brand	Description	Specifications	Unit Price	Qty	Total Ext
HS-ADC	Hammer Strength	Hammer Select Assist Dip / Chin 	<ul style="list-style-type: none"> • 2" x 4" and 2" x 3" 11 gauge steel tubing • Start Position is adjusted in five 10-degree increments • Lift & Lock Seat System • Rear Weight Stack Shroud • Add On Incremental Weight System • Incorporates two different exercises in one machine • Knee pad folds down for unassisted training • Multi-position handles allow for exercise variety • Machine Weight: 655lb. • Weight Stack: 190lb. • Dimensions: 46"L x 45"W x 87"H • Made in USA 	3,656.25	1	\$3,656.25
PL-LP	Hammer Strength	Leg Press 	<ul style="list-style-type: none"> • 11-gauge steel frame with powder coat finish • Seat is angled at 35 degrees and adjusts in 1/2" increments • Plate Loaded with 21 lb. starting resistance • 6 Standard weight horns • Made in USA • 69"W x 51"L x 57"H • Machine weight: 535 lbs. 	3,269.95	1	\$3,269.95
PL-BSQ	Hammer Strength	Hammer Strength Plate Loaded Belt Squat 	<ul style="list-style-type: none"> • Front and rear weight rods for increased load • 4 belt anchor points • Belt and hook storage hanger • Dimensions 78"D x 63"W x 64"H • Weight 425lbs 	3,846.25	1	\$3,846.25
O-FB	Hammer Strength	Olympic Flat Bench 	<ul style="list-style-type: none"> • Zinc coated bolt-on racking system protects frame • Racking system allows for three lift off heights • 11-gauge steel frame with powder coat finish • Made in USA • Machine Weight: 145 lb. • Dimensions: 52"L x 50" W x 50" H 	861.05	1	\$861.05







advanced exercise

Model	Brand	Description	Specifications	Unit Price	Qty	Total Ext
O-DB	Hammer Strength	Olympic Decline Bench 	<ul style="list-style-type: none"> • Zinc coated bolt-on racking system protects frame • Racking system allows for three lift off heights • Adjustable knee pad • 15-degree back pad angle • 11-gauge steel frame with powder coat finish • Made in USA • Machine Weight: 190 lb. • Dimensions: 60"L x 53" W x 50" H 	1,292.00	1	\$1,292.00
O-IB	Hammer Strength	Olympic Incline Bench 	<ul style="list-style-type: none"> • Zinc coated bolt-on racking system protects frame • Racking system allows for three lift off heights • 30-degree back pad angle • Seat adjustable to 27 positions with 3/8 inch increments • Integrated spotter platform • 11-gauge steel frame with powder coat finish • Made in USA • Machine Weight: 198 lb. • Dimensions: 51"L x 52" W x 58" H 	1,250.00	1	\$1,250.00
O-BWS	Hammer Strength	Olympic Bench Weight Storage (4 Weight Horns) 	<ul style="list-style-type: none"> • Bolt on frame with 8 olympic zinc coated weight horns • For use with OFB, OIB, ODB and OMB • 11-gauge steel frame with powder coat finish • Made in USA • Machine Weight: 62 lb. • Dimensions: 22"L x 15" W x 46" H 	409.70	3	\$1,229.10
FW-AC	Hammer Strength	Arm Curl (Seated) 	<ul style="list-style-type: none"> • Adjustable seat to accommodate users of all sizes • 11-gauge steel frame with powder coat finish • Urethane bar guards protects frame • Made in USA • Machine Weight: 160 lb. • Dimensions: 39"L x 36" W x 43" H 	1,154.00	1	\$1,154.00
FW-FB	Hammer Strength	Flat Bench 	<ul style="list-style-type: none"> • Wide base for extra stability • 11-gauge steel frame with powder coat finish • Made in USA • Machine Weight: 54 lb. • Dimensions: 50"L x 22" W x 16" H 	436.00	1	\$436.00







advanced exercise

Model	Brand	Description	Specifications	Unit Price	Qty	Total Ext
OP-ABBA	Life Fitness	Axiom Abdominal/Back Extension 	<ul style="list-style-type: none"> • 11-gauge oval tubing steel frames • Low Profile 53 inch tower height • Solid Steel Weight stacks with 7.5 lb drop down increment weight • Placards with QR code/ NFC Chip, for product usage instructions • Integrated storage in Tower top cap • Standard rear shroud and optional full shroud 	3,577.60	1	\$3,577.60
OP-DAP	Life Fitness	Axiom Series Dual Adjustable Pulley 	<ul style="list-style-type: none"> • Oval Steel Frame with Powder Coat Finish • Full Steel Weight Stack Shrouds • 2 ea 165lb Solid Steel Weight Stacks • 1:2 Cable Ratio • 5lb. Starting Resistance • Includes 1 pair of Adjustable Single Hand Straps • Includes Triceps Rope & Ab Strap • Includes Storage Pegs • Machine Weight: 630lb. standard weight stack; 730lb. heavy weight stack • Weight Stack: 2 x 165lb. • Dimensions: 56.2"L x 54.6"W x 84"H 	3,925.60	1	\$3,925.60
OP-PD	Life Fitness	Axiom Single Station Pulldown 	<ul style="list-style-type: none"> • 11-gauge oval tubing steel frames • Low Profile 53 inch tower height • Solid Steel Weight stacks with 7.5 lb drop down increment weight • Placards with QR code/ NFC Chip, for product usage instructions • Integrated storage in Tower top cap • Standard rear shroud and optional full shroud • Dimensions:60"x55"x73" • Weight 459 lbs 	3,315.20	1	\$3,315.20
OP-RW	Life Fitness	Axiom Single Station Seated Row 	<ul style="list-style-type: none"> • 11-gauge oval tubing steel frames • Low Profile 53 inch tower height • Solid Steel Weight stacks with 7.5 lb drop down increment weight • Placards with QR code/ NFC Chip, for product usage instructions • Integrated storage in Tower top cap • Standard rear shroud and optional full shroud • Dimensions: 65"x40"x53" • Weight 459 lbs 	3,145.60	1	\$3,145.60



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Model	Brand	Description	Specifications	Unit Price	Qty	Total Ext
OP-ADJ	Life Fitness	Axiom Series Adjustable Bench 	<ul style="list-style-type: none"> • Oval Steel Frame with Powder Coat Finish • Contoured Cushions with Molded Foam • Easy Adjustment from Flat to Incline • Adjustments: 0, 15, 30, 45, 60 & 75° • Integrated Handle and Wheels for Mobility • Machine Weight: 72lb. • 55"L x 25"W x 45"H 	828.80	2	\$1,657.60
OP-SM	Life Fitness	Axiom Smith Press Rack 	<ul style="list-style-type: none"> • Oval Steel Frame with Powder Coat Finish • Unique Design Allows Use of Free Weight Olympic Bar • Starting resistance is 45lb. • Bar Angle Travel is at 7° • Eight Weight Storage Horns • Integrated Adjustable Bar Stops • ASTM/EN certified • Machine Weight: 398lb. • Dimensions: 51"L x 73"W x 88"H 	2,619.20	1	\$2,619.20
PPMS-250X	Tuff Stuff	Proformance Plus Adjustable Cable Crossover (200lb Weight Stacks) 	<ul style="list-style-type: none"> • Dual 15 Position Adjustable Pulleys • Multi Grip Chin Up Bar • Full Rear Shrouds with Exercise Placard • Two 200lbs Steel Weight Stack • 44" L x 147" W x 93" H • 695lbs 	3,361.18	1	\$3,361.18
BBP	Booty Builder	Booty Builder Platinum 	<ul style="list-style-type: none"> • Linear bearing seat rollers • Optimal range of motion for glutes • Dimensions: 67"Lx57"Wx30"H • Weight: 508 lbs 	0.00	1	\$




FREE WEIGHTS

Model	Brand	Description	Specifications	Unit Price	Qty	Total Ext
TSB-020-110R	Troy Barbell	12-Sided Rubber Encased Barbells 20-110lb. Set	<ul style="list-style-type: none"> • 12-sided rubber-encased • Straight hard chrome steel bar 	2,098.32	1	\$2,098.32



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Model	Brand	Description	Specifications	Unit Price	Qty	Total Ext
BB-10	Troy Barbell	Horizontal Barbell Rack 	<ul style="list-style-type: none"> • Flat Oval Tubing Welded Frame • Holds 10 Fixed Barbells • Chrome Plated Wear Guards • 29 in. L x 32 in. W x 53 in. H • 83 lbs. 	502.32	1	\$502.32

Comments:
 PRICING FOR ALL HAMMER AND LIFE FITNESS
 EQUIPMENT QUOTED WITH SOURCE WELL
 NATIONAL PRICING.

ADVANCED EXERCISE WILL TOSS IN FREE
 BOOTY BUILDER THRUSTER AT NO CHARGE
 TO
 CLIENT WITH PURCHASE OF COMPLETE DEAL.
 VALUE \$2690 FULL MSRP PRICE

Subtotal: **\$45,202.42**

Freight, Delivery and Install: **6,485.00**

Taxes As Applicable **\$51,687.42**

Total:



advanced exercise

Terms & Conditions

Terms: All new customers are required to pay 50% down and balance due prior to install. Residential customers, personal trainers, and orders for resale, require 100% payment before the order can be placed. All other terms and credit lines are subject to credit approval. Invoice will be due and payable, based on the original requested installation date, unless Advanced Exercise is notified in writing 60 days prior to the requested installation date with a change of the installation date. We accept checks, money orders, ACH and credit cards (under \$2000). A late payment fee will be assessed at a rate of 1.5% (18% annual) per month on any unpaid balance remaining 30 days after the due date. Special Orders: A 100% prepayment is required for all customized products including but not limited to custom colors, sports flooring and products with logos such as plates, dumbbells and platforms.

Return Policy: Any returns require approval in writing by Advanced Exercise Project Management. A minimum 25% restocking fee, plus freight, will be incurred for all non-custom products returned. Customized products are nonreturnable. All products with color choices are defined as custom products.

Bolt Down Requirements: Life Fitness recommends that all strength training equipment be secured to the floor in order to prevent tipping, rocking or displacement which might occur in the event of unanticipated use of the equipment. Life Fitness requires that certain strength training equipment (specifically the Synrgy 360 90, T, XS, XM, HD Elite Half Rack/Short Base, Athletic Series Rigs, Athletic Series Racks with Wing option, Cybex PWR Play, Synrgy Outdoor BlueSky and other products to be used for body weight strap training) be secured to the floor. In the case of Synrgy 360S, T, XS, XM and the Elite HD Half Rack Short Base, the customer acknowledges:

- Customer has determined the proper placement of the equipment to be secured. **Customer Initial** _____
- Customer has identified and informed Advanced Exercise of the location of any utility, service lines, including but not limited to post tension cables. It is the customer's responsibility to identify the locations of any cables or lines prior to installation. **Customer Initial** _____
- Customer has confirmed that the subfloor consists of no less than 4.75 inches of concrete. (Synrgy Outdoor BlueSky requires a minimum 4.5 inches of concrete **Customer Initial** _____)
- Customer has obtained any and all consents to the drilling of holes in the flooring and subflooring. **Customer Initial** _____

If your order includes any of the equipment requiring bolting to the floor, initials are required above and an additional signed waiver will be required to place the order. Additional products may require bolting to the floor, wall or ceiling. Bolting is not included on these products unless otherwise noted on the quotation. Customer is responsible for bolting these products to meet the manufacturer's requirements. This includes TRX, Core Energy, Boxing mounts and other products that require bolting to the facility structure.

Wall & Ceiling Attached Items: The installation of any items such as TRX Multi Mounts., X Mounts, Wall Mat Racks, etc. that require bolting to walls or ceilings are not included in the proposal unless otherwise noted.

Flooring Installation: Refer to the product specifications to ensure that the sub floor meets the material installation requirements. Freight offloading, inside delivery, adhesive, moisture tests, moisture reducers, base boards, sub floor prep, sub floor cleaning, transition strips and existing floor removal and disposal are not included unless otherwise noted on the quotation.

Storage: We reserve the right to assess storage fees not to exceed 1.5% per month, or fraction thereof and request payment in full on the related customer's invoice, when a customer's original requested delivery date is delayed by circumstances beyond our control.

Taxes: We collect sales or use taxes only in jurisdictions where we are licensed to do so. Customer agrees to accept sole liability and responsibility to pay for any and all uncollected sales or use tax liabilities, related penalties and interest that arise as a result of the purchase of products and/or services from our company.

Security: Until all products are paid in full, customer hereby grants to, and Advanced Exercise shall retain, a security interest in and lien on all products sold to the customer.

I accept the terms and conditions of this quote.

Signature: _____

Name: JessicaLong

Date: _____ **Customer Requested Install Date:** _____



7350 Transit Rd
 Williamsville NY 14221
 800-537-0516 716-204-0501-Fax

DATE: September 8, 2021
Quote 904666

Bill To: Pryor Creek Rec Center
 1111 SE 9th Street
[Pryor, Oklahoma 74361](#)
 Jessica Long
 918-825-6909
longj@pryorcreek.org

Ship To: Pryor Creek Rec Center
 1111 SE 9th Street
[Pryor, Oklahoma 74361](#)
 Jessica Long
 918-825-6909
longj@pryorcreek.org

Comments or Special Instructions:

SALESPERSON	P.O. NUMBER	SHIP DATE	SHIP VIA	F.O.B. POINT	TERMS
ARUFFOLO	TBD	ASAP			Due on receipt

QUANTITY	DESCRIPTION	UNIT PRICE	AMOUNT
1	HAMMER POWER RACK	\$ 2,995.00	\$ 2,995.00
1	X MEMBER Monkey Bar	\$ 70.00	\$ 70.00
1	Thick Skinny Bar	\$ 100.00	\$ 100.00
1	Hammer Adj. Bench	\$ 1,125.00	\$ 1,125.00
1	Hammer Select Asst/Dip.	\$ 3,775.00	\$ 3,775.00
1	Hammer Leg Press	\$ 3,595.00	\$ 3,595.00

1	Hammer Plate Loaded Belt Squat	\$ 3,995.00	\$ 3,995.00
1	Hammer Olympic Flat Bench	\$ 1,125.00	\$ 1,125.00
3	Hammer Olympic Storage	\$ 525.00	\$ 1,575.00
1	LF Axiom DAP	\$ 4,255.00	\$ 4,255.00
1	LF Axiom Smith	\$ 2,750.00	\$ 2,750.00
1	LF Axiom Ab/Back	\$ 3,950.00	\$ 3,950.00
1	LF Axiom Pulldown	\$ 3,625.00	\$ 3,625.00
1	LF Axiom Seated Row	\$ 3,375.00	\$ 3,375.00
1	Hammer Olympic Decline Bench	\$ 1,325.00	\$ 1,325.00
1	Hammer Olympic Incline Bench	\$ 1,335.00	\$ 1,335.00
1	Hammer Flat Bench	\$ 515.00	\$ 515.00
1	Hammer Arm Curl	\$ 1,275.00	\$ 1,275.00
1	Booty Builder Platinum	\$ 1,985.00	\$ 1,985.00
1	USA TROY 12 SIDED BARBELL SET 20-110LB WITH RACK	\$ 2,795.00	\$ 2,795.00
2	LF Axiom Adj. Bench	\$ 925.00	\$ 1,850.00
1	Tuff Stuff Cable Crossover	\$ 3,550.00	\$ 3,550.00
1	Booty Builder Platinum	\$ 1,985.00	\$ 1,985.00
		\$	\$ -
		\$	\$ -
TOTAL:		\$	\$ 52,925.00
FREIGHT / INSTALL / DELIVERY:		\$	\$ 6,895.00
TAX:		-	Applicable rat
TOTAL:		\$	\$ 59,820.00

Make all checks payable to G&G Fitness Equipment Inc., 7350 Transit Rd Williamsville NY 14221
if you have any questions concerning this quote, contact Tony Giordano at 585-475-9918, tony@livefit.com

THANK YOU FOR YOUR BUSINESS!



PUSH PEDAL PULL
 the exercise equipment experts
 PUSH PEDAL PULL
 ATTN: MANAGER (918) 493-5977
 9934 S. Riverside Pkwy
 Tulsa OK 74137

Cell / Text: (918) 557-0041
 rschoolfield@pushpedalpull.com

Purchase Recommendation

Page 1 of 2

Prepared by: Ryan Schoolfield

Quote Date	Quote #
04/30/2021	65227

Billing Address	Shipping Address
PRYOR CREEK REC CENTER ATT: ACCOUNTS PAYABLE 1111 SOUTHEAST 9TH ST Pryor OK 74361	PRYOR CREEK REC CENTER ATT: Laura Holloway/918-825-3884 1111 SOUTHEAST 9TH ST Pryor OK 74361

Account No.	Customer Email
190012193 PRYOR CREEK REC CENTER	longj@pryorcreek.org

Due to Covid19, we have been experiencing delayed lead times on various products for up to 20 weeks. See your local P3 representative for any updated changes. We apologize in advance for any inconvenience this may cause.

Item #	MFR	MODEL	Description	Color	Qty	MSRP	Price	Extended
74098	PRECOR	RSL0714	RESOLUTE ABDOMINAL		1	4,800.00	3,440.80	3,440.80
74096	PRECOR	RSL0313	RESOLUTE BACK EXTENSION		1	4,800.00	3,406.80	3,406.80
1899	PRECOR	PW320KN...	DIP CHIN ASSIST CW320		1	4,375.00	3,238.16	3,238.16
74082	PRECOR	RSL0314	RESOLUTE DIVERGING LAT PULLDOWN		1	5,300.00	3,487.04	3,487.04
74083	PRECOR	RSL0324	RESOLUTE DIVERGING LOW ROW		1	5,900.00	3,918.16	3,918.16
71641	PRECOR	PWDBR0...	OLYMPIC FLAT BENCH		1	1,605.00	1,113.84	1,113.84
71554	PRECOR	DBR611	DISCOVERY HALF RACK		3	2,600.00	1,683.68	5,051.04
488	PRECOR	PW407KB...	150# CROSSOVER ADJUSTABLE PULLEYS		1	5,200.00	3,850.16	3,850.16
71044	PRECOR	PW407KY...	CROSSOVER HEAVY WT STACKS 200#		1	425.00	285.60	285.60
74465	PRECOR	PWFTSGP...	FTS GLIDE FUNCTIONAL TRAINER - GLOSS METALLIC SILVER		1	4,395.00	2,726.80	2,726.80
77434	PRECOR	DPL0603	DISCOVERY PLATE LOADED HACK SQUAT MACHINE		1	5,350.00	3,591.76	3,591.76
71444	PRECOR	DPL0802	DISCOVERY PLATE LOADED SMITH MACHINE		1	4,850.00	3,295.28	3,295.28
71552	PRECOR	DBR119	DISCOVERY MULTI-ADJUSTABLE		1	1,250.00	884.00	884.00

Standard Terms and Conditions:

- 50% deposit and approve P.O. with order. Balance due upon delivery. Send Payment To: 2306 W 41st St. Sioux Falls, SD 57105
- Additional delivery fees will be charged for additional trips.
- Prices are subject to change 14 days after the quote date.
- There will be a 2% monthly service charge on all overdue accounts. Buyer is also responsible for any collection and/or legal fees involved in collecting past due accounts.
- The quote is computed to be performed during regular business hours. Any special request by the buyer necessary to complete work will be paid by the buyer.
- Clerical errors are subject to correction.
- Buyer agrees to promptly file claim for all goods damaged in transit.
- We have a 30 day limited exchange policy with the exception of damaged or defective goods. This policy excludes exchanges on special orders and accessories. Merchandise must be in "like new" condition.

Subtotal \$:	54,289.19
Sales Tax \$:	0.00
Total \$:	54,289.19

Acceptance of Proposal:

These prices, specifications, and conditions are satisfactory and are hereby accepted. I am authorized to order the equipment listed with full understanding of the payment terms.

Push Pedal Pull will not accept credit card payment for invoices of more than \$20,000.

Date:

Authorized Signature:

P.O. Number:

Print Signature:

Purchase Recommendation

Page 2 of 2

PUSH PEDAL PULL
 ATTN MANAGER (918) 493-5977
 9934 S. Riverside Pkwy
 Tulsa OK 74137

Prepared by: Ryan Schoolfield

rschoolfield@pushpedalpull.com

Quote Date	Quote #
04/30/2021	65227

Billing Address	Shipping Address
PRYOR CREEK REC CENTER ATT: ACCOUNTS PAYABLE 1111 SOUTHEAST 9TH ST Pryor OK 74361	PRYOR CREEK REC CENTER ATT: Laura Holloway/918-825-3884 1111 SOUTHEAST 9TH ST Pryor OK 74361

Account No.	Customer Email
190012193 PRYOR CREEK REC CENTER	longj@pryorcreek.org

Item #	MFR	MODEL	Description	Color	Qty	MSRP	Price	Extended
			BENCH					
71653	PRECOR	PWDBR0...	FLAT BENCH		1	560.00	378.08	378.08
71642	PRECOR	PWDBR0...	OLYMPIC DECLINE BENCH		1	1,695.00	1,230.67	1,230.67
71643	PRECOR	PWDBR0...	OLYMPIC INCLINE BENCH		1	1,695.00	1,230.67	1,230.67
71656	PRECOR	PWDBR0...	PREACHER CURL BENCH		1	1,080.00	785.33	785.33
9901		FC	FREIGHT COMMERCIAL-ESTIMATED		1		8,392.00	8,392.00
9977		DEL	DELIVERY/INSTALLATION-ESTIMATED		1		3,983.00	3,983.00



advanced exercise

advancedexercise.com | 861 SouthPark Drive #100, Littleton, CO 80120 | 800.520.1112

CONSULTANT

Jay Gallagher
jgallagher@advancedexercise.com
Phone: 405-205-3275
Fax:




Date: August 11, 2021
Quote Expires: 45 day(s)
Proposal # 057412-R0

BILL TO
Pryor Creek Rec Center
1111 SE 9th Street
Pyor, Oklahoma 74361
Jessica Long
918-825-6909
longj@pryorcreek.org

SHIP TO
Pryor Creek Rec Center
1111 SE 9th Street
Pyor, Oklahoma 74361
Jessica Long
918-825-6909
longj@pryorcreek.org



FREE WEIGHTS

Model	Brand	Description	Specifications	Unit Price	Qty	Total Ext
CCO-055SBP	Troy Barbell	55lb. Competition Grade Red Rubber Bumper	<ul style="list-style-type: none"> • 55lb. Color Red • Premium Rubber • Over-sized Steel Hub • Competition Grade • Weight Accuracy within 1% 	183.02	12	\$2,196.18
						
CCO-045SBP	Troy Barbell	45lb. Competition Grade Blue Rubber Bumper	<ul style="list-style-type: none"> • 45lb. Color Blue • Premium Rubber • Over-sized Steel Hub • Competition Grade • Weight Accuracy within 1% 	162.07	20	\$3,241.35
						
CCO-035SBP	Troy Barbell	35lb. Competition Grade Yellow Solid Rubber Bumper	<ul style="list-style-type: none"> • 35lb. Color Yellow • Premium Rubber • Over-sized Steel Hub • Competition Grade • Weight Accuracy within 1% 	132.67	6	\$796.00
						



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Model	Brand	Description	Specifications	Unit Price	Qty	Total Ext
CCO-025SBP	Troy Barbell	25lb. Competition Grade Green Solid Rubber Bumper 	<ul style="list-style-type: none">• 25lb. Color Green• Premium Rubber• Over-sized Steel Hub• Competition Grade• Weight Accuracy within 1%	110.25	10	\$1,102.50
GO-045VR	Troy Barbell	VTX Rubber Grip Olympic Plate 45lb. 		82.35	32	\$2,635.20
GO-035VR	Troy Barbell	VTX Rubber Grip Olympic Plate 35lb. 		64.05	6	\$384.30
GO-025VR	Troy Barbell	VTX Rubber Grip Olympic Plate 25lb. 		45.75	30	\$1,372.50
GO-010VR	Troy Barbell	VTX Rubber Grip Olympic Plate 10lb. 		18.30	44	\$805.20



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Model	Brand	Description	Specifications	Unit Price	Qty	Total Ext
GO-005VR	Troy Barbell	VTX Rubber Grip Olympic Plate 5lb.		9.15	30	\$274.50



GO-002VR	Troy Barbell	VTX Rubber Olympic Grip Plate 2.5lb.		4.58	10	\$45.75
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Comments:
CLIENT WILL SELF OFFLOAD WEIGHTS TO
SAVE ON WHITE GLOVE OFFLOADING COST

Subtotal:	\$12,853.48
Freight:	1,025.00
Taxes As Applicable	\$13,878.48
Total:	\$13,878.48



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Terms & Conditions

Terms: All new customers are required to pay 50% down and balance due prior to install. Residential customers, personal trainers, and orders for resale, require 100% payment before the order can be placed. All other terms and credit lines are subject to credit approval. Invoice will be due and payable, based on the original requested installation date, unless Advanced Exercise is notified in writing 60 days prior to the requested installation date with a change of the installation date. We accept checks, money orders, ACH and credit cards (under \$2000). A late payment fee will be assessed at a rate of 1.5% (18% annual) per month on any unpaid balance remaining 30 days after the due date. Special Orders: A 100% prepayment is required for all customized products including but not limited to custom colors, sports flooring and products with logos such as plates, dumbbells and platforms.

Return Policy: Any returns require approval in writing by Advanced Exercise Project Management. A minimum 25% restocking fee, plus freight, will be incurred for all non-custom products returned. Customized products are nonreturnable. All products with color choices are defined as custom products.

Bolt Down Requirements: Life Fitness recommends that all strength training equipment be secured to the floor in order to prevent tipping, rocking or displacement which might occur in the event of unanticipated use of the equipment. Life Fitness requires that certain strength training equipment (specifically the Synrgy 360 90, T, XS, XM, HD Elite Half Rack/Short Base, Athletic Series Rigs, Athletic Series Racks with Wing option, Cybex PWR Play, Synrgy Outdoor BlueSky and other products to be used for body weight strap training) be secured to the floor. In the case of Synrgy 360S, T, XS, XM and the Elite HD Half Rack Short Base, the customer acknowledges:

- Customer has determined the proper placement of the equipment to be secured. **Customer Initial** _____
- Customer has identified and informed Advanced Exercise of the location of any utility, service lines, including but not limited to post tension cables. It is the customer's responsibility to identify the locations of any cables or lines prior to installation. **Customer Initial** _____
- Customer has confirmed that the subfloor consists of no less than 4.75 inches of concrete. (Synrgy Outdoor BlueSky requires a minimum 4.5 inches of concrete **Customer Initial** _____
- Customer has obtained any and all consents to the drilling of holes in the flooring and subflooring. **Customer Initial** _____

If your order includes any of the equipment requiring bolting to the floor, initials are required above and an additional signed waiver will be required to place the order. Additional products may require bolting to the floor, wall or ceiling. Bolting is not included on these products unless otherwise noted on the quotation. Customer is responsible for bolting these products to meet the manufacturer's requirements. This includes TRX, Core Energy, Boxing mounts and other products that require bolting to the facility structure.

Wall & Ceiling Attached Items: The installation of any items such as TRX Multi Mounts., X Mounts, Wall Mat Racks, etc. that require bolting to walls or ceilings are not included in the proposal unless otherwise noted.

Flooring Installation: Refer to the product specifications to ensure that the sub floor meets the material installation requirements. Freight offloading, inside delivery, adhesive, moisture tests, moisture reducers, base boards, sub floor prep, sub floor cleaning, transition strips and existing floor removal and disposal are not included unless otherwise noted on the quotation.

Storage: We reserve the right to assess storage fees not to exceed 1.5% per month, or fraction thereof and request payment in full on the related customer's invoice, when a customer's original requested delivery date is delayed by circumstances beyond our control.

Taxes: We collect sales or use taxes only in jurisdictions where we are licensed to do so. Customer agrees to accept sole liability and responsibility to pay for any and all uncollected sales or use tax liabilities, related penalties and interest that arise as a result of the purchase of products and/or services from our company.

Security: Until all products are paid in full, customer hereby grants to, and Advanced Exercise shall retain, a security interest in and lien on all products sold to the customer.

I accept the terms and conditions of this quote.

Signature: _____

Name: JessicaLong

Date: _____ **Customer Requested Install Date:** _____



7350 Transit Rd
 Williamsville NY 14221
 800-537-0516 716-204-0501-Fax

DATE: September 8, 2021
Quote 904666

Bill To: Pryor Creek Rec Center
 1111 SE 9th Street
Pryor.Oklahoma.74361
 Jessica Long
 918-825-6909
longj@pryorcreek.org

Ship To: Pryor Creek Rec Center
 1111 SE 9th Street
Pryor.Oklahoma.74361
 Jessica Long
 918-825-6909
longj@pryorcreek.org

Comments or Special Instructions:

SALESPERSON	P.O. NUMBER	SHIP DATE	SHIP VIA	F.O.B. POINT	TERMS
ARUFFOLO	TBD	ASAP			Due on receipt

QUANTITY	DESCRIPTION	UNIT PRICE	AMOUNT
12	55LB Competition Grade Red Rubber Bumper	\$ 187.00	\$ 2,244.00
20	45LB Competition Grade Blue Rubber Bumper	\$ 168.00	\$ 3,360.00
6	35LB Competition Grade Yellow Rubber Bumper	\$ 135.00	\$ 810.00
10	25LB Competition Grade Green Rubber Bumper	\$ 115.00	\$ 1,150.00
32	TROY VTX Rubber Grip Olympic GO-045VR	\$ 85.00	\$ 2,720.00
6	TROY VTX Rubber Grip Olympic GO-035VR	\$ 67.00	\$ 402.00



Qty*

5

@ ~~\$30.00~~
[Remove](#)



55LB Color Training Plate 2.0 Pair

IP0510-55-2

Cont. US 48 Only

\$2,730.00

Qty*

6

@ \$455.00

[Remove](#)



45LB Color Training Plate 2.0 Pair

IP0510-45-2

Cont. US 48 Only

\$3,750.00

Qty*

10

@ \$375.00

[Remove](#)



35LB Color Training Plate 2.0 Pair

IP0510-35-2

Cont. US 48 Only

\$855.00

Qty*

3

@ \$285.00

[Remove](#)



25LB Color Training Plate 2.0 Pair

IP0510-25-2

Cont. US 48 Only

\$1,025.00

Qty*

5

@ \$205.00

[Remove](#)

[Empty Cart](#)

YOUR CART

85 Items



45LB Urethane 6-Shooter Grip Plate - Pair
IP0179-45-2

\$5,840.00

Qty*

16

@ \$365.00

[Remove](#)



35LB Urethane 6-Shooter Grip Plate - Pair
IP0179-35-2

\$915.00

Qty*

3

@ \$305.00

[Remove](#)



25LB Urethane 6-Shooter Grip Plate - Pair
IP0179-25-2

\$3,525.00

Qty*

15

@ \$235.00

[Remove](#)



10LB Urethane Olympic Grip Plate - Pair
IP0179-10-2

\$2,090.00

Qty*

22

@ \$95.00

[Remove](#)

2.5LB Urethane Olympic Grip Plate - Pair
IP0179-2.5-2

\$150.00

Subtotal (85 Items) **\$20,880.00**

Est. Shipping & Tax [United States](#)

Country*

United States

State* Zip Code*

☺

Upd

[Cancel](#)

Shipping & Handling **\$—.**

Total Before Tax
\$20,880.00

[Checkout](#)